

**jOURNAL (asp)**

Recall a time when you felt guilty about something you had
done or said. It may not have been as serious as Gene's guilt,
but it probably was just as real. It can be some recent
experience or one that took place in your childhood. How did
you deal with those feelings? As you look back now, were your
fears justified, or were you just being hard on yourself? Your
journal should be a minimum of one page.

Note: If you feel uncomfortable writing about a real experience, you can make one up.

PLEASE ADHERE TO THE FOLLOWING GUIDELINES IF YOU TYPE YOUR RESPONSE:

Font needs to be easily readable

ex. Comic Sans, Times New Roman

size 12 font

double-spaced

one-inch margins